

TK Bahnlaufserie 2013

Punktstand nach 3 Läufen

männliche Teilnehmer

| Platz | Name | Jg. | Geschlecht | Verein | Zeit 10K | Pkt. 10K | Zeit 5K | Pkt. 5K | Zeit 3K | Pkt. 3K | Gesamtpunkte |
|-------|--------------------|------|------------|----------------------|----------|----------|----------|---------|----------|---------|--------------|
| 1. | Martin Pelzer | 1988 | m | Aachener TG | 33:04,94 | 711 | 15:50,03 | 666 | 11:16,85 | 216 | 1593 |
| 2. | Thomas Camminady | 1992 | m | Aachener TG | 35:37,57 | 537 | 17:14,72 | 456 | 09:43,77 | 535 | 1528 |
| 3. | Stephan Nickel | 1967 | m | Dürener TV | 37:07,61 | 445 | 18:03,31 | 353 | 10:15,16 | 412 | 1210 |
| 4. | Gero Pietsch | 1992 | m | Aachener TG | | | 16:28,18 | 567 | 09:20,05 | 638 | 1205 |
| 5. | Lothar Wyrwoll | 1992 | m | Aachener TG | | | 16:30,39 | 561 | 09:19,22 | 642 | 1203 |
| 6. | Albert Knauf | 1964 | m | LG Mützenich | 37:17,03 | 436 | 18:13,14 | 334 | 10:27,16 | 369 | 1139 |
| 7. | Alexander Ockl | 1973 | m | TUSEM Essen | | | 16:56,80 | 497 | 09:44,51 | 531 | 1028 |
| 8. | David Veith | 1996 | m | Aachener TG | 37:24,46 | 429 | | | 09:59,18 | 472 | 901 |
| 9. | Karlheinz Rohé | 1963 | m | Aachener TG | 39:31,76 | 317 | 18:49,29 | 268 | 10:54,16 | 281 | 866 |
| 10. | Georg März | 1967 | m | DJK JS Herzogenrath | 39:37,60 | 312 | 18:58,21 | 253 | 11:01,87 | 258 | 823 |
| 11. | Max Spiegelmacher | 1995 | m | Aachener TG | | | 18:12,69 | 335 | 09:55,86 | 485 | 820 |
| 12. | André Tribbels | 1968 | m | DJK JS Herzogenrath | 37:07,72 | 445 | 18:03,93 | 352 | | | 797 |
| 13. | Matthias Knörzer | 1992 | m | Aachener TG | | | 18:22,85 | 315 | 10:05,97 | 446 | 761 |
| 14. | Mussa Hudrog | 1984 | m | Aachener TG | | | | 750 | 08:56,57 | | 750 |
| 15. | Ralf Bongen | 1982 | m | Germania Dürwiß | 41:34,70 | 225 | 19:21,12 | 216 | 11:02,46 | 256 | 697 |
| 16. | Matthias Hoyer | 1993 | m | DJK Elmar Kohlscheid | 39:28,95 | 319 | | | 10:25,68 | 374 | 693 |
| 17. | Herbert Büngeler | 1957 | m | Aachener TG | | | 18:16,04 | 328 | 10:32,11 | 352 | 680 |
| 18. | Niels Bayerl | 1995 | m | DJK Elmar Kohlscheid | | | 18:46,13 | 273 | 10:16,97 | 405 | 678 |
| 19. | Rainer Thess | 1953 | m | Aachener TG | 40:55,26 | 252 | 19:40,19 | 187 | 11:24,68 | 196 | 635 |
| 20. | Hans Smeets | 1947 | m | Achilles Top | | | 18:46,70 | 272 | 10:38,89 | 329 | 601 |
| 21. | Achim Andres | 1974 | m | DJK JS Herzogenrath | | | 18:43,15 | 278 | 10:43,56 | 314 | 592 |
| 22. | Artur Mamok | 1953 | m | DJK Elmar Kohlscheid | 41:37,20 | 223 | 20:05,56 | 152 | 11:22,91 | 201 | 576 |
| 23. | Jürgen Jedamzik | 1968 | m | DJK Elmar Kohlscheid | 39:54,49 | 299 | | | 10:55,65 | 276 | 575 |
| 24. | Luis Hesemann | 1992 | m | DLC Aachen | | | | | 09:34,18 | 575 | 575 |
| 25. | Andreas Schleipen | 1977 | m | Germania Dürwiß | | | 18:44,99 | 275 | 10:49,07 | 297 | 572 |
| 26. | Richard Wilke | 1992 | m | Aachener TG | | | | | 09:40,96 | 546 | 546 |
| 27. | Sebastian Retzlaff | 1971 | m | TuS Lörrach-Stetten | 35:44,87 | 529 | | | | | 529 |
| 28. | Rico Keidel | 1988 | m | LG Alheimer | | | 17:17,73 | 450 | | | 450 |
| 29. | Josef Frohn | 1962 | m | DJK Elmar Kohlscheid | 40:53,99 | 253 | 19:54,38 | 167 | | | 420 |
| 30. | Christoph Opre | 1966 | m | DJK Elmar Kohlscheid | 43:00,10 | 170 | 20:30,13 | 122 | 11:58,75 | 119 | 411 |
| 31. | Jan Moreau | 1998 | m | Aachener TG | | | | | 10:24,22 | 379 | 379 |

| weibliche Teilnehmer | | | | | | | | | | | |
|---------------------------------------|-------------------------|------------|---|----------------------|-----------------|-----------------|----------------|----------------|----------------|----------------|---------------------|
| Platz | Name | Jg. | | Verein | Zeit 10K | Pkt. 10K | Zeit 5K | Pkt. 5K | Zeit 3K | Pkt. 3K | Gesamtpunkte |
| 1. | Sandra Heinrichs | 1973 | w | Aachener TG | 37:24,25 | 871 | 18:07,63 | 828 | 10:28,11 | 829 | 2528 |
| 2. | Irene Basten | 1984 | w | Aachener TG | 38:19,32 | 829 | 18:07,98 | 827 | 10:34,54 | 811 | 2467 |
| 3. | Anne-Therese Körtgen | 1981 | w | Aachener TG | 40:12,86 | 745 | 19:12,39 | 725 | 11:11,78 | 708 | 2178 |
| 4. | Rita März | 1968 | w | DJK JS Herzogenrath | 40:46,80 | 721 | 19:39,37 | 684 | 11:12,80 | 705 | 2110 |
| 5. | Lisanne Naumann | 1991 | w | DLC Aachen | 42:18,72 | 658 | 20:16,32 | 630 | 11:36,24 | 644 | 1932 |
| 6. | Christiane Meer | 1974 | w | DJK JS Herzogenrath | 46:21,65 | 505 | 21:40,67 | 516 | 12:03,50 | 576 | 1597 |
| 7. | Claudia Leschnik | 1981 | w | DJK JS Herzogenrath | 39:08,90 | 792 | 18:27,93 | 795 | | | 1587 |
| 8. | Franziska Fourné | 1996 | w | Germania Dürwiß | | | 19:18,65 | 716 | 10:58,33 | 744 | 1460 |
| 9. | Heike Herma | 1971 | w | DJK JS Herzogenrath | | | 19:10,43 | 728 | 11:04,07 | 729 | 1457 |
| 10. | Helene Kohlen | 1955 | w | Germania Dürwiß | 47:04,58 | 480 | 22:39,81 | 442 | 12:49,08 | 471 | 1393 |
| 11. | Antje Trauzeddel | 1973 | w | Aachener TG | 43:43,00 | 603 | | | 12:14,62 | 549 | 1152 |
| 12. | Lilo Hellenbrand | 1956 | w | DJK Gillrath | | | 21:17,43 | 546 | 12:20,40 | 536 | 1082 |
| 13. | Marliese Gauchel | 1960 | w | DJK JS Herzogenrath | 50:44,05 | 362 | 25:07,37 | 283 | 14:32,07 | 273 | 918 |
| 14. | Andrea Schnorr | 1989 | w | Aachener TG | | | 23:23,35 | 392 | 13:03,93 | 439 | 831 |
| 15. | Irene Offermann | 1983 | w | DJK JS Herzogenrath | 39:03,26 | 796 | | | | | 796 |
| 16. | Tanja Döring | 1990 | w | Aachener TG | | | 23:39,92 | 373 | 13:45,72 | 355 | 728 |
| 17. | Nora Honke | 1983 | w | DLC Aachen | | | 19:22,35 | 710 | | | 710 |
| 18. | Ise Maschmeier | 1979 | w | Dürener TV | | | 19:57,77 | 657 | | | 657 |
| 19. | Juliane Hansmeier | 1964 | w | SG Kaarst | | | 20:25,11 | 618 | | | 618 |
| 20. | Gabi Ellinghoven-Krüger | 1968 | w | Germania Dürwiß | | | 24:51,14 | 299 | 14:16,78 | 299 | 598 |
| 21. | Kerstin Haarmann | 1992 | w | Germania Dürwiß | | | | | 12:05,93 | 570 | 570 |
| Jugendwertung männliche Jugend | | | | | | | | | | | |
| 1. | David Veith | 1996 | m | Aachener TG | 37:24,46 | 429 | | | 09:59,18 | 472 | 901 |
| 2. | Max Spiegelmacher | 1995 | m | Aachener TG | | | 18:12,69 | 335 | 09:55,86 | 485 | 820 |
| 3. | Niels Bayerl | 1995 | m | DJK Elmar Kohlscheid | | | 18:46,13 | 273 | 10:16,97 | 405 | 678 |
| 4. | Jan Moreau | 1998 | m | Aachener TG | | | | | 10:24,22 | 379 | 379 |
| 5. | Max Nores | 1999 | m | Aachener TG | | | | | 10:34,54 | 344 | 344 |
| 6. | Sven Schoenen | 1997 | m | DJK JS Herzogenrath | | | 18:38,39 | 287 | | | 287 |
| 7. | Maurice Andres | 1997 | m | DJK JS Herzogenrath | | | 18:59,10 | 251 | | | 251 |

| Jugendwertung weibliche Jugend | | | | | | | | | | | |
|--------------------------------|------------------|------|---|-----------------|--|--|----------|-----|----------|-----|-------------|
| 1. | Franziska Fourné | 1996 | w | Germania Dürwiß | | | 19:18,65 | 716 | 10:58,33 | 744 | 1460 |