

Aachener Engel Lauf 2010:

Platz:	Start-Nr.:	Vorname:	Nachname:	Altersklasse:	Zeit:	Verein:
1	375	Philipp	Nawrocki	1977 / M30	00:33:46	Aachener TG
2	1	Mussa	Hudrog	1985 / MHK	00:34:00	Team Aachener Engel
3	407	Jan	Oude-Aost	1979/ M30	00:34:44	Aachener TG
4	324	Asad	Zaki	1970 / M40	00:35:11	Sport Monik Lövenich
5	2	Erich	Keuchen	1966 / M40	00:37:47	Team Aachener Engel
6	3	Wolfgang	Borschert	1963 / M45	00:38:23	Team Aachener Engel
7	405	Gerald	Stüber	M55	00:38:45	Alemannia Aachen
8	12	Marcell	Hörnlein	1967 / M40	00:38:58	Team Aachener Engel
9	11	Thomas	Schaaf	1986 / MHK	00:39:48	Team Aachener Engel
10	4	Rudi	Przibylla	1960 / M50	00:39:53	Team Aachener Engel
11	5	Andreas	Großnick	1965 / M45	00:40:14	Team Aachener Engel
12	396	Matthias	Dreger	1959 / M50	00:40:25	DLC Aachen
13	221	Hans-Jürgen	Schwarz	1963 / M45	00:40:26	Alemannia Aachen
14	131	Bernhard	Schilberz	1978 / M30	00:40:39	Freezing Coconuts
15	8	Markus	van Hauten	1969 / M40	00:40:41	Team Aachener Engel
16	10	Steffi	Jansen	1981 / WHK	00:40:42	Team Aachener Engel
17	429	David	Lowenstein	1991 / Mjg.A	00:40:50	
18	226	Marius	Peters	1988 / MHK	00:41:07	
19	411	Joachim	Schiffers	1965 / M45	00:41:52	DLC Aachen
20	279	Frank	Füssl	1967 / M40	00:41:54	DLC Aachen
21	161	Paul	Veress	1966 / M40	00:41:59	Team SJ Software GmbH
22	376	Thomas	Schicke	1979 / M30	00:42:15	Alemannia Aachen
23	149	Christof	Schlaeger	1978 / M30	00:42:16	Brander SV Tri-Team
24	426	Frank	Rauscheid	1975 / M35	00:42:26	Sportsfreund Alsdorf
25	370	Alberto	Girelli	1980 / M30	00:42:42	DLC Aachen
26	498	Tim	Host	1990 / MHK	00:43:02	BC Helios
27	236	Tim	Jestel	1989 / MHK	00:43:27	
28	417	Daniel	Vogt	1971 / M35	00:43:28	
29	326	Reinhard	Mayer	1961 / M45	00:43:31	Die Katzenstein-Rehe
30	387	Loek	Mealecki	1961 / M45	00:43:35	Avon
31	122	Sierd	van Dam	1964 / M45	00:43:37	Team SJ Software GmbH
32	390	Christopher	Zeeb	?	00:43:55	
33	288	Dirk	Padberg	1972 / M35	00:44:02	FC Hacke Bleiluft
34	156	Sven	Gerber	1970 / M40	00:44:07	Physioteam Kornelimünster
35	7	Karsten	Vogel	1978 / M30	00:44:15	Team Aachener Engel
36	229	Michel	Vanderheim	1961 / M45	00:44:19	Brander SV Tri-Team
37	366	Ansgar	Wittkemper	1971 / M35	00:44:20	
38	200	Philipp	Klaus	1994 / M Jg.B	00:44:21	TK BW Aachen
39	177	Björn	Petter	1969 / M40	00:44:54	RSC Krähe Kornelimünster
40	55	Ulrich	Bücken	1967 / M40	00:44:57	LG Germania Freund
41	365	Stefan	Zaubrecher	1967 / M40	00:44:58	Buxtehuder SV
42	380	Jürgen	Hüsemann	1957 / M50	00:45:17	DLC Aachen
43	349	Achim	Andres	1974 / M35	00:45:18	LC Herzogenrath
44	392	Dirk	Isaac	1969 / M40	00:45:25	
45	160	Manfred	Fleischer	1965 / M45	00:45:26	Team SJ Software GmbH
46	362	Jürgen	Bengels	1960 / M50	00:45:28	
47	250	Herbert	Hamacher	1949 / M60	00:45:30	Die Katzenstein-Rehe
48	398	Christian	Decker	1982 / MHK	00:45:32	
49	335	Roy	Bohmann	1964 / M45	00:45:34	Team SJ Software GmbH
50	194	Markus	Schmalen	1968 / M40	00:45:45	LC Herzogenrath
51	109	Dietmar	Noppeney	1967 / M40	00:45:46	Team SJ Software GmbH
52	305	Markus	Peters	1988 / MHK	00:45:47	
53	150	René	Meerten	1969 / M40	00:46:17	Physioteam Kornelimünster
54	399	Bernd	Ritter	1965 / M45	00:46:18	LT Beverau
55	425	Tillmann	Echterhagen	1991 / Mjg.A	00:46:21	Elmar-Kohlscheid

56	65	Rainer	Tigler	1957 / M50	00:46:36	LG Germania Freund
57	121	Jörg	Riege	1966 / M40	00:46:45	LT Projekt 2010
58	347	Thomas	Schneller	1978 / M30	00:46:49	Schneller
59	400	Joachim	Adler	1971 / M35	00:46:50	
60	216	Mario	Reichelt	1971 / M35	00:46:56	LC Herzogenrath
61	201	Andres	Roefe	1970 / M40	00:46:57	LC Herzogenrath
62	50	Tom	Kutsch	1966 / M40	00:47:03	LG Germania Freund
63	53	Christoph	Noppen	1963 / M45	00:47:04	LG Germania Freund
64	336	Karl	Wertz	1957 / M50	00:47:12	DLC Aachen
65	54	Frank	Grief	1967 / M40	00:47:22	LG Germania Freund
66	78	Michael	Swaton	1989 / MHK	00:47:38	LG Germania Freund
67	319	Martin	Kahlke	1976 / M30	00:47:40	
68	401	Maik	Haass	1993 / M Jg.B	00:47:54	
69	381	Jennifer	Mehring	1987 / WHK	00:47:56	DLC Aachen
70	500	Nuri	Hagen	1987 / MHK	00:47:57	BC Helios
71	271	Wolfgang	Offermanns	1973 / M35	00:48:03	Die Katzenstein-Rehe
72	369	Dominik	Heiligmann	1991 / M Jg. A	00:48:04	
73	333	Frank	Neumann	1967 / M40	00:48:07	TSV Alemania Aachen
74	140	Holger	Richter	1972 / M35	00:48:13	
75	356	Stefan	Klein	1977 / M30	00:48:17	Kall-Holz
76	269	Maik	Connemann	1981 / MHK	00:48:23	
77	406	Frank	Velten	1962 / M45	00:48:33	Lebenshilfe Aachen
78	102	Lukas	Gierlich	1986 / MHK	00:48:42	Rund um Aachen
79	327	Kristian	Tauschke	1961 / M45	00:48:43	Team SJ Software GmbH
80	290	Martin	Halberschmidt	1969 / M40	00:48:51	
81	176	Matthias	Loop	1967 / M40	00:48:56	
82	111	Sven	Dammer	1978 / M30	00:49:03	Brander SV Tri-Team
83	338	Malte	Wertz	1986 / MHK	00:49:15	DLC Aachen
84	248	Rolf	Arndt	1960 / M50	00:49:16	Die Katzenstein-Rehe
85	170	Marko	Klokow	1972 / M35	00:49:19	RSC Krähe Kornelimünster
86	318	Uli	Zimmermann	1965 / M45	00:49:23	
87	378	Thomas	Schultheis	1971 / M35	00:49:30	DJK Elmar Kohlscheid
88	202	Guido	Ohlen	1971 / M35	00:49:35	
89	203	Michael	Küster	1970 / M40	00:49:36	
90	254	Stefan	Hennecken	1971 / M35	00:49:38	
91	124	Tobias	Küter	1983 / MHK	00:49:42	Team Duracell
92	228	Alexander	Vollamn	1972 / M35	00:49:43	
93	180	Dieter	Huppertz	1960 / M50	00:49:47	BFT-Planung
94	499	Sabine	Töpker	1979 / W30	00:49:48	BC Helios
95	153	David	Krott	1990 / MHK	00:49:49	Physioteam Kornelimünster
96	421	Alexander	Schönherr	1981 / MHK	00:49:57	TSE Chemnitz
97	249	Uschi	Arndt	1961 / W45	00:50:44	Die Katzenstein-Rehe
98	341	Peter	Schlächter	1962 / M45	00:50:49	ZGF-Running-Team
99	157	Franz-Josef	Schmitz-Bonkowski	1956 / M50	00:50:53	Physioteam Kornelimünster
100	372	Jörg	Kummer	1968 / M40	00:50:59	LG Stolberg
101	394	Ralf	Faust	1967 / M40	00:51:00	
102	125	Philipp	Schäfer	1982 / MHK	00:51:01	Team Duracell
103	147	Marco	Campo	1967 / M40	00:51:02	Team NetAachen
104	296	Dieter	Stracke	1974 / M35	00:51:13	Marathon Club Eschweiler
105	141	Jutta	Tölg	1965 / W45	00:51:19	
106	373	Heinz	Peters	1962 / M45	00:51:20	
107	289	Matthias	Padberg	1965 / M45	00:51:25	FC Hacke Bleiluft
108	268	Lars	Sonntag	1976 / M30	00:51:27	
109	282	Andy	Kelzenberg	1965 / M45	00:51:28	Team SJ Software GmbH
110	361	Guido	Bertemes	1965 / M45	00:51:29	
111	364	Ralf	Hagens	1967 / M40	00:51:53	LUSTLAUF mein Verein
112	385	Ralf	Dr. Otten	1966 / M40	00:52:09	Steinmetz & Dr. Otten
113	75	Peter	Miessen	1964 / M45	00:52:23	LG Germania Freund
114	321	Bernd	Gottschalk	1966 / M40	00:52:24	

115	155	Frauke	Gerber	1975 / W35	00:52:32	Physioteam Kornelimünster
116	283	Jörg	Monsler	1963 / M45	00:52:35	
117	388	Mariusz	Musiol	1971 / M35	00:52:37	
118	231	Jürgen	Wilke	1962 / M45	00:52:39	
119	297	Claudia	Adler-Herbertz	1966 / W40	00:52:43	Die Katzenstein-Rehe
120	79	Tim	Becker	1989 / MHK	00:52:44	LG Germania Freund
121	410	Andreas	Traufmann	1962 / M45	00:52:55	PhysioTeam Kornelimünster
122	323	Nobert	Juchmann	1964 / M45	00:52:58	
123	355	Georg	Jochims	1967 / M40	00:53:00	
124	389	Michael	Reuters	?	00:53:01	
125	175	Niklas	Naber	1994 / M Jg.B	00:53:07	
126	363	Thomas	Kramer	1962 / M45	00:53:08	LUSTLAUF mein Verein
127	167	Wolfgang	Naber	1959 / M50	00:53:10	
128	115	Thule	Bock	1965 / M45	00:53:23	
129	337	Inge	Wertz	1957 / W50	00:53:29	DLC Aachen
130	151	Andrea	Meerten	1970 / W40	00:53:36	Physioteam Kornelimünster
131	184	Oliver	Krott	1962 / M45	00:53:41	FC Eintracht Kornelimünster
132	359	Laura	Liebert	1994 / W Jg.B	00:53:49	Sportsfreund
133	135	Heinz	Jussen	1941 / M65	00:54:10	Grüne Engel aus dem Thal
134	258	Marius	Tillmanns	1992 / M Jg.A	00:54:12	
135	306	Georg	Lübben	1964 / M45	00:54:20	
136	174	Jörg	Elbert	1957 / M50	00:54:22	
137	108	Frank	Studel	1971 / M35	00:54:31	
138	423	Ali	Awanke	1980 / M30	00:54:34	
139	382	Jure	Krznic	1955 / M55	00:54:36	
140	211	Hans-Georg	Sistemich	1959 / M50	00:54:41	FEV- BSG
141	114	Ralf	Zielke	1971 / M35	00:54:42	
142	192	Jürgen	Hallen	1968 / M40	00:54:44	
143	402	Petra	Göttgens	1966 / W40	00:54:45	
144	348	Jens	Reiners	1978 / M30	00:55:13	
145	166	Norbert	Wiechowski	1982 / MHK	00:55:21	
146	278	Siegfried	Thiede	1956 / M50	00:55:22	
147	416	Werner	Altdorf	?	00:55:27	
148	287	Gerret	Baessler-Vogel	1960 / M50	00:55:39	
149	280	Mario	Bouge	1973 / M35	00:55:47	
150	304	René	Schippers	1978 / M30	00:55:56	
151	391	Simon	Kleuters	?	00:55:57	
152	134	Hartmut	Lorenz	1966 / M40	00:56:04	FC Schalke 04
153	58	Bernward	Preiß	1966 / M40	00:56:05	LG Germania Freund
154	497	Philipp	Kehren	1991 / Mjg.A	00:56:07	BC Helios
155	408	Jenifer	Ganser	1974 / W35	00:56:10	PhysioTeam Kornelimünster
156	346	Chripa	Schneller	1979 / W30	00:56:18	Schneller
157	212	Heike	Oster-Mollik	1962 / W45	00:56:23	
158	431	Hans Georg	Fischer	1961 / M45	00:56:25	
159	334	Herbert	Viaene	1959 / M50	00:56:37	
160	315	Albrecht	Emmerich	1968 / M40	00:56:38	
161	371	Annette	Schmitz	1986 / WHK	00:56:39	
162	295	Klaus	Kremer	1953 / M55	00:56:44	
163	303	Bernd	Geiger	1967 / M40	00:56:45	
164	415	Monika	Schick-Leisten	W50	00:56:46	DLC Aachen
165	379	Angelika	Dunke	1955 / W55	00:56:47	DLC Aachen
166	276	Herbert	Desmeet	1945 / M65	00:56:48	
167	274	Julia	Schell	1984 / WHK	00:56:51	
168	137	Elke	Witzmann	1969 / W40	00:56:25	Grüne Engel aus dem Thal
169	70	Norbert	Schommer	1965 / M45	00:56:53	LG Germania Freund
170	350	Walter	Pietsch	1962 / M45	00:56:54	Zollsportverein Aachen
171	187	Hans-Joachim	Geupel	1952 / M55	00:57:00	
172	120	Tanja	Lenzen	1980 / W 30	00:57:02	
173	46	David	Williams	1972 / M35	00:57:04	100i5 DAS HITRADIO

174	49	Dominik	Esser	1985 / MHK	00:57:05	100I5 DAS HITRADIO
175	230	Christian	Heinrichs	1978 / M30	00:57:06	
176	286	Kirsten	Kugler	1967 / W40	00:57:07	
177	239	Thomas	Klinkhart	1956 / M50	00:57:14	
178	181	Detlev	Linke	1959 / M50	00:57:17	BFT-Planung
179	352	Jawad	Jawadi	1987 / MHK	00:57:18	
180	68	Gudula	Fiedrich	1964 / W45	00:57:23	LG Germania Freund
181	393	Peter	Frings	1963 / M45	00:57:31	Sparkasse Aachen
182	374	Jose Maria	Carrera	1981 / MHK	00:57:34	
183	395	Margo	van Bokhoven	1971 / W35	00:58:01	DLC Aachen
184	232	Thomas	Haase	1963 / M45	00:58:05	
185	266	Horst	Schäfer	1958 / M50	00:58:08	
186	154	Markus	Stawinoga	1962 / M45	00:58:14	Physioteam Kornelimünster
187	270	Guido	Renerken	1968 / M40	00:58:16	
188	57	Thomas	Nahrgang	1962 / M45	00:58:21	LG Germania Freund
189	328	Karin	Kleutgens	1958 / W50	00:58:22	Aachener TG
190	126	Peter	Kappe	1979 / M30	00:58:29	Team Duracell
191	59	Andreas	Knüvener	1965 / M45	00:58:35	LG Germania Freund
192	313	Norbert	Bechholz	1961 / M45	00:58:37	Feuerwehr Aachen
193	383	Carsten	Berg	1959 / M50	00:58:38	Belgistan
194	205	Jowita	Domanska	1975 / W35	00:58:39	
195	83	Michael	Kalt	1964 / M45	00:58:41	LG Germania Freund
196	403	Inka	Braune	1988 / WHK	00:58:45	
197	404	Lilian	Cordes	1986 / WHK	00:58:57	
198	430	Burkhard	Hoche	1973 / M35	00:59:03	
199	368	Heike	Heiligmann	1965 / W45	00:59:04	
200	307	Beate	Liebert	1960 / M50	00:59:05	
201	207	Ralph	Umland	1964 / M45	00:59:19	
202	195	Rüdiger	Sauhs	1956 / M50	00:59:20	FI Sport
203	224	Laura	Isbrandt	1978 / W30	00:59:28	DLC Aachen
204	197	Ilona	Orlikowski	1971 / W35	00:59:29	DLC Aachen
205	302	Margret	Ivens-Weber	1968 / W40	00:59:30	
206	265	Antje	Peters	1990 / WHK	00:59:32	
207	432	Thomas	Jung	?	00:59:33	
208	188	Caroline	Rohde	1970 / W40	00:59:41	Die Älsche
209	62	Dieter	Henseler	1963 / M45	00:59:43	LG Germania Freund
210	310	Nikoleta	Vucetic	1963 / W45	00:59:46	
211	311	Darko	Vucetic	1962 / M45	00:59:47	
212	56	Oliver	Kremer	1967 / M40	00:59:48	LG Germania Freund
213	66	Frank	Jansen	1967 / M40	00:59:49	LG Germania Freund
214	298	Jürgen	Freymuth	1949 / M60	00:59:50	
215	186	Gerhard	Schneider	1952 / M55	00:59:57	
216	281	Adriano	Verratti	1962 / M45	01:00:00	
217	213	Jan	Lux	1958 / M50	01:00:01	
218	272	Frank	Jacobs	1961 / M45	01:00:03	
219	169	Jonny	Thiele	1952 / M55	01:00:04	cube libre
220	285	Ursula	Schmeink,Dr	1956 / W50	01:00:11	
221	208	Klaus	Spies	1959 / M50	01:00:18	Die Älsche
222	257	Helmut	Tillmanns	1963 / M45	01:00:19	
223	152	Tobias	Römer	1978 / M30	01:00:27	Physioteam Kornelimünster
224	384	Uwe	Rieske	1961 / W45	01:00:30	
225	260	Thomas	Titgemeyer	1964 / M45	01:00:31	Aachener SV 1856 e.V.
226	179	Rodrigo	Bedoya	1969 / M40	01:00:32	
227	433	Kim-Leslie	Neumann	1989 / WHK	01:00:33	
228	434	Meik	Neumann	1976 / M30	01:00:35	
229	414	Jutta	Lehnen	1967 / W40	01:00:36	CDU Aachen FU
230	339	Dirk	Drunkemöller	1968 / M40	01:00:37	Uhlenhorster Stürmer
231	123	Oliver	Scheufeld	1976 / M30	01:00:40	Team Duracell
232	234	Nadine	Salomon	1981 / WHK	01:00:43	Team Duracell

233	314	Hildegard	Weber-Quick	1967 / W40	01:00:44	Die Älsche
234	312	Mechthild	Winkler	1968 / W40	01:00:48	Die Älsche
235	325	Marlene	Mayer	1962 / W45	01:00:49	Die Katzenstein-Rehe
236	47	Jannis	Quint	1986 / MHK	01:01:16	100I5 DAS HITRADIO
237	162	Jens	Cosemans	1982 / MHK	01:01:17	
238	215	Antje	Wilhelm	1972 / W35	01:01:18	
239	354	Iris	Hameister	1971 / W35	01:01:30	
240	358	Irene	Stüber	1963 / W45	01:01:31	
241	77	Silvia	Nahrgang	1969 / W40	01:01:37	LG Germania Freund
242	45	Ramona	Bongers	1971 / W35	01:01:39	100I5 DAS HITRADIO
243	112	Dieter	Maubach	1957 / M50	01:01:40	LT Projekt 2010
244	146	Thomas	Pelzer	1965 / M45	01:01:50	LT Projekt 2010
245	360	Viviane	Bertemes	1967 / M40	01:01:53	
246	164	Franca	Galla	1985 / WHK	01:01:58	
247	165	Tareq	Mangal	1986 / MHK	01:01:59	
248	428	Kim Madita	Reisky	1994 / WJg.B	01:02:00	Sportsfreund Alsdorf
249	427	Gina	Reisky	1969 / W40	01:02:03	Sportsfreund Alsdorf
250	331	Bernhard	Stenmans	1962 / M45	01:02:15	
251	330	Meggi	Wieneke	1960 / W50	01:02:24	
252	332	Ingeborg	Rüthers	1962 / W45	01:02:32	
253	357	Sandra	Heinrichs	1973 / W35	01:02:33	
254	340	Monika	Gube	1974 / W35	01:02:41	
255	67	Aga	Swaton	1961 / W45	01:02:49	LG Germania Freund
256	158	Heidrun	Schnier	1963 / W45	01:02:50	Physioteam Kornelimünster
257	159	Alfred	Schnier	1963 / M45	01:03:06	Physioteam Kornelimünster
258	275	Gerd	Schell	1953 / M55	01:03:07	
259	277	Anne	Soltenborn	1959 / W50	01:03:13	
260	106	Dagmar	Rostek	1970 / W40	01:03:37	
261	284	Ronald	Hetfeld	1955 / M55	01:03:38	Laufftreff Inde Hahn
262	301	Lothar	Voß	1978 / M30	01:03:39	
263	435	Helmut	Frantzen	?	01:03:48	
264	206	Nicole	Umland	1970 / W40	01:03:55	
265	422	Lauren	Goins	1983 / WHK	01:04:13	
266	255	Melanie	Hennecken	1976 / W30	01:04:26	
267	264	Johanna	Genius	1987 / WHK	01:05:11	
268	261	Birgit	Krumbach	1962 / W45	01:05:13	
269	61	Helmut	Paland	1955 / M55	01:05:31	LG Germania Freund
270	344	Martina	Jacobs	1959 / W50	01:05:33	
271	100	Jürgen A.	Lamers	1965 / M45	01:05:33	
272	227	Luise	Stäbler	1989 / WHK	01:05:46	
273	182	Otto	Weber	1952 / M55	01:06:09	
274	116	Arndt	Bellefroid	1979 / M30	01:06:19	Sparkasse Aachen
275	218	Antje	Welke	1964 / W45	01:06:29	Die Älsche
276	48	Michael	Lawitzky	?	01:06:34	100I5 DAS HITRADIO
277	329	Uta	Korth	1970 / W40	01:06:44	
278	64	Michael	Philipp	1967 / M40	01:06:45	LG Germania Freund
279	223	Stefan	Jung	1962 / M45	01:07:01	
280	351	Ellen	Bourceau	1971 / W35	01:07:12	
281	343	Andrea	Weiss	1962 / W45	01:07:18	
282	225	Tanja	Weber	1976 / W30	01:07:32	
283	419	Thomas	Tzsimentke	1969 / M40	01:07:33	
284	418	Regina	Götze	1961 / W45	01:07:39	
285	413	Jörg	Dix	1965 / M45	01:07:40	Münsterblick rennt
286	412	Claudia	Dix	1968 / W40	01:07:45	Münsterblick rennt
287	60	Alexander	Haubert	1967 / M40	01:07:56	LG Germania Freund
288	69	Joachim	Nellissen	1967 / M40	01:07:57	LG Germania Freund
289	342	Michaela	Steinacker	1965 / W45	01:08:07	
290	247	Angela	Antoniesen	1968 / W40	01:08:08	
291	237	Anne	Hermanns	1969 / W40	01:08:12	

292	238	Claudia	Müller	1974 / W35	01:08:41	
293	409	Katja	Mommo	1978 / W30	01:09:07	PhysioTeam Kornelimünster
294	119	Angela	Klassmann	1961 / W45	01:09:08	CDU Aachen FU
295	204	Uwe	Ratz	1959 / M50	01:09:26	Die Älsche
296	73	Andreas	Clintgens	1966 / M40	01:09:37	LG Germania Freund
297	185	Verena	Wussow	1981 / WHK	01:09:40	Die Älsche
298	386	Bertram	Rieger	1969 / M40	01:10:11	
299	168	Xiomara	Thiele	1965 / W45	01:10:50	cube libre
300	300	Britta	Offermanns	1968 / W40	01:10:59	Die Katzenstein-Rehe
301	251	Horst	Springer	1950 / M60	01:11:21	Brander Turnverein
302	190	Marlies	Stoppelmann	1954 / W55	01:11:22	Die Älsche
303	63	Beate	Philipp	1966 / W40	01:11:23	LG Germania Freund
304	145	Friederike	Staebler	1956 / W50	01:11:35	
305	397	Udo	Edlinger	1952 / M55	01:13:28	
306	117	Anke	Adelt	1965 / W45	01:13:31	CDU Aachen FU
307	143	Stephanie	Konrad	1983 / WHK	01:14:52	
308	142	Simone	Spellerberg	1961 / W45	01:15:10	DLC Aachen
309	293	Manfred	Leuchter	1949 / M60	01:15:51	
310	320	Thomas	Hilse	1980 / M30	01:15:52	
311	256	Horst	Samens	1955 / M55	01:17:15	Reheinwerk Runner
312	191	Dietrich	Roth	1952 / M55	01:19:32	
313	241	Anneliese	Klein	1940 / W70	01:19:33	Lächeln statt hecheln
314	242	Ruth	Klöble	1966 / W40	01:20:01	Lächeln statt hecheln
315	245	Marlene	Unger	1963 / W45	01:20:02	Lächeln statt hecheln
316	246	Norbert	Zimmermann	1961 / M45	01:20:42	BSV Lebenshilfe Aachen
317	107	Bert	Röhrlich	1952 / M55	01:20:43	
318	244	Sonja	Stief	1968 / W40	01:21:11	Lächeln statt hecheln
319	240	Monika	Schäfer	1965 / W45	01:21:12	Lächeln statt hecheln
320	424	Markus	Röwenstrunk	1978 / M30	01:21:24	
321	420	Nancy	Röwenstrunk	1978 / W30	01:21:25	SG AC
322	253	Birgitta	Mostert (Walker)	1963 / W45	01:21:55	Brander Turnverein
323	252	Doris	Springer (Walker)	1953 / W55	01:21:57	Brander Turnverein
324	129	Martina	Kniß	1964 / W45	01:22:21	
325	178	Andrea	Bauer (Walker)	1970 / W40	01:22:24	
326	198	Claudia	Azadi (Walker)	1967 / W40	01:23:53	
327	183	Britta	Förster (Walker)	1966 / W40	01:24:08	"walk yourself free"
328	163	Anja	Joppich (Walker)	1974 / W35	01:24:09	
329	292	Monika	Roßkamp (Walker)	1960 / W50	01:27:52	
330	71	Herbert	Aretz	1957 / M50	01:30:46	LG Germania Freund
331	291	Heribert	Roßkamp (Walker)	1955 / M55	01:30:47	
332	76	Ute	Kutsch (Walker)	1967 / W40	01:30:50	LG Germania Freund
333	259	Monika	Rossenbach (Walker)	1947 / W60	01:30:51	
334	353	Doris	Grief (Walker)	1967 / W40	01:30:52	LG Germania Freund
335	80	Petra	Jansen (Walker)	1969 / W40	01:30:52	LG Germania Freund
336	74	Dagmar	Clintgens (Walker)	1968 / W40	01:30:53	LG Germania Freund
337	72	Manuela	Knüvener (Walker)	1971 / W35	01:31:01	LG Germania Freund
338	222	Elke	Dauven (Walker)	1959 / W50	01:31:02	
339	214	Birgit	Schings (Walker)	1963 / W45	01:31:03	