

40. Int. Volkslauf Herzogenrath

Zieleinlaufliste 5km Jedermannlauf

| GesPl | Name | Jahrg. | MWPl. | m/w | AK | AKPl. | Verein | Zeit |
|--------------------------|-----------------------|--------|-------|-----|-------------|-------|-------------------------|---------|
| 5km Jedermannlauf | | | | | | | | |
| 1. | Christian Blauth | 1976 | 1 | m | Männer | 1 | SV Bergwacht Rohren | 0:18:28 |
| 2. | Matthias Knörzer | 1992 | 2 | m | m. Jugend B | 1 | Aachener TG | 0:18:53 |
| 3. | Jan Berghöfer | 1994 | 3 | m | M15 | 1 | DJK JS Herzogenrath | 0:20:10 |
| 4. | Heike Herma | 1971 | 1 | w | | 1 | Sportsfreund Alsdorf | 0:20:17 |
| 5. | Manfred Winzen | 1966 | 4 | m | M40 | 1 | | 0:20:29 |
| 6. | Lukas Zimmermann | 1993 | 5 | m | m. Jugend B | 2 | DJK JS Herzogenrath | 0:20:35 |
| 7. | Frederik Ruppert | 1997 | 6 | m | M12 | 1 | DJK JS Herzogenrath | 0:20:44 |
| 8. | Sandra Heinrichs | 1973 | 2 | w | | 2 | DJK Elmar Kohlscheid | 0:20:52 |
| 9. | Stephan Keldenich | 1972 | 7 | m | Männer | 2 | DJK LC Vettweiß | 0:20:58 |
| 10. | Maurice Andres | 1997 | 8 | m | M12 | 2 | LC Herzogenrath | 0:21:01 |
| 11. | Andre Breuer | 1997 | 9 | m | M12 | 3 | VfR Übach-Palenberg | 0:21:23 |
| 12. | Sven Schoenen | 1997 | 10 | m | M12 | 4 | DJK JS Herzogenrath | 0:21:36 |
| 13. | Fabrice Visé | 1998 | 11 | m | M11 | 1 | LAC EUPEN | 0:21:36 |
| 14. | Max Nickessen | 1995 | 12 | m | M14 | 1 | VFR UNTERBRUCH LG | 0:21:48 |
| 15. | Norbert Zink | 1963 | 13 | m | M45 | 1 | DJK JS Herzogenrath | 0:22:09 |
| 16. | Laura Baske | 1996 | 3 | w | W13 | 1 | LC Herzogenrath | 0:22:22 |
| 17. | Jos Duteweerd | 1963 | 14 | m | M45 | 2 | stb landgraaf | 0:22:32 |
| 18. | Ilka Jussen | 1997 | 4 | w | W12 | 1 | LC Herzogenrath | 0:23:10 |
| 19. | Maike Dohms | 1997 | 5 | w | W12 | 2 | LC Herzogenrath | 0:23:10 |
| 20. | Maurice Schijns | 1970 | 15 | m | Männer | 3 | | 0:23:21 |
| 21. | Christian Scholz | 1997 | 16 | m | M12 | 5 | Meddy's LWT Koblenz | 0:23:44 |
| 22. | Wolfgang Scholz | 1965 | 17 | m | M40 | 2 | Meddy's LWT Koblenz | 0:23:54 |
| 23. | Inga Herwartz | 1997 | 6 | w | W12 | 3 | LC Herzogenrath | 0:24:00 |
| 24. | Rainer Gebauer | 1960 | 18 | m | M45 | 3 | Lauftreff Jupp und Jupp | 0:24:13 |
| 25. | Petra Meyer | 1968 | 7 | w | W40 | 1 | | 0:24:15 |
| 26. | Lars Windeln | 1996 | 19 | m | M13 | 1 | VFR Unterbruch LG | 0:24:22 |
| 27. | Alina Ueberholz | 1996 | 8 | w | W13 | 2 | Meddy's LWT Koblenz | 0:25:07 |
| 28. | Niko Thomè | 1966 | 20 | m | M40 | 3 | Meddy's LWT Koblenz | 0:25:08 |
| 29. | Frank Breuer | 1999 | 21 | m | M10 | 1 | VfR Übach-Palenberg | 0:25:13 |
| 30. | Myriam Piel | 1970 | 9 | w | | 3 | ING RUNNING | 0:25:14 |
| 31. | Katrin Jansen | 1997 | 10 | w | W12 | 4 | LG Mützenich | 0:25:17 |
| 32. | Frank Scheftner | 1970 | 22 | m | Männer | 4 | Laufen für Kinder | 0:25:18 |
| 33. | Jonas Bayerl | 1998 | 23 | m | M11 | 2 | HSG goes running | 0:25:19 |
| 34. | Marisa Szymczak | 1995 | 11 | w | W14 | 1 | DJK JS Herzogenrath | 0:25:19 |
| 35. | Lisa Tesch | 1992 | 12 | w | w. Jugend B | 1 | DJK JS Herzogenrath | 0:25:36 |
| 36. | Daniel Thiel | 1985 | 24 | m | Männer | 5 | Laufen für Kinder | 0:25:37 |
| 37. | Jürgen Peukert | 1987 | 25 | m | Männer | 6 | Laufen für Kinder | 0:25:37 |
| 38. | Norbert Königs Erkens | 1960 | 26 | m | M45 | 4 | | 0:25:38 |
| 39. | Max Urban | 1997 | 27 | m | M12 | 6 | Germania 07 Dürwiss | 0:25:41 |
| 40. | Geritt Dombi | 1996 | 28 | m | M13 | 2 | Germania 07 Dürwiss | 0:25:45 |
| 41. | Fynn Eickmanns | 2000 | 29 | m | M9 | 1 | DJK JS Herzogenrath | 0:25:47 |
| 42. | Marc Mentenich | 1964 | 30 | m | M45 | 5 | DJK Frankenberg | 0:25:56 |
| 43. | Simon Schroten | 2001 | 31 | m | M8 | 1 | Glück Auf Oden | 0:26:11 |
| 44. | Horst Schroten | 1965 | 32 | m | M40 | 4 | | 0:26:13 |
| 45. | Dirk Küsters | 1969 | 33 | m | M40 | 5 | | 0:26:23 |
| 46. | Eva Schüller-Ruhl | 1997 | 13 | w | W12 | 5 | DJK JS Herzogenrath | 0:26:38 |
| 47. | Dustin Steiner | 1998 | 34 | m | M11 | 3 | | 0:26:51 |
| 48. | Ongky Smit | 2009 | 35 | m | M3 | 1 | | 0:27:00 |
| 49. | Petra Braun | 1968 | 14 | w | W40 | 2 | LAC Mausbach | 0:27:01 |
| 50. | Anke Thiele | 1993 | 15 | w | w. Jugend B | 2 | DJK JS Herzogenrath | 0:27:10 |

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|-------|------------------------|--------|-------|-----|--------|-------|-----------------------|---------|
| 51. | Anne Kautz | 1998 | 16 | w | W11 | 1 | LG Hasenfüße Hittfeld | 0:27:11 |
| 52. | Erlend Bayerl | 1968 | 36 | m | M40 | 6 | HSG goes running | 0:27:12 |
| 53. | Ramona Eickmanns | 1970 | 17 | w | | 4 | DJK JS Herzogenrath | 0:27:21 |
| 54. | Uwe Holz | 1971 | 37 | m | Männer | 7 | Holzschuh Aachen | 0:27:24 |
| 55. | Anja Schuhmackers | 1981 | 18 | w | Frauen | 1 | Holzschuh Aachen | 0:27:25 |
| 56. | Jörg Schuhmackers | 1977 | 38 | m | Männer | 8 | Holzschuh Aachen | 0:27:30 |
| 57. | Louis Leon Stegers | 1998 | 39 | m | M11 | 4 | HSG goes running | 0:27:38 |
| 58. | Matthias Zachel | 1998 | 40 | m | M11 | 5 | HSG goes Running | 0:27:38 |
| 59. | Henri Janssen | 1949 | 41 | m | M60 | 1 | RUNNER SHOP TEAM | 0:27:47 |
| 60. | Felix Ant | 1999 | 42 | m | M10 | 2 | DJK JS Herzogenrath | 0:27:58 |
| 61. | Markus Gier | 1997 | 43 | m | M12 | 7 | Laufen für Kinder | 0:28:07 |
| 62. | Rolf Fast | 1948 | 44 | m | M60 | 2 | Tura Monschau | 0:28:29 |
| 63. | Christiane Linder | 1996 | 19 | w | W13 | 3 | RUNNER SHOP TEAM | 0:28:30 |
| 64. | Hanna Gier | 2000 | 20 | w | W9 | 1 | Laufen für Kinder | 0:28:46 |
| 65. | Ingrid Salber | 1966 | 21 | w | W40 | 3 | Laufen für Kinder | 0:28:46 |
| 66. | Francien van Haaren | 1969 | 22 | w | W40 | 4 | STB Landgraaf | 0:28:51 |
| 67. | Cor van Haaren | 1966 | 45 | m | M40 | 7 | STB Landgraaf | 0:28:51 |
| 68. | Thomas Weiss | 1957 | 46 | m | M50 | 1 | Lebenshilfe Aachen | 0:29:12 |
| 69. | Stephanie Poddig-Kurth | 1967 | 23 | w | W40 | 5 | DJK JS Herzogenrath | 0:29:16 |
| 70. | Swantje Thiele | 1985 | 24 | w | Frauen | 2 | | 0:29:24 |
| 71. | Michael Wolff | 1975 | 47 | m | Männer | 9 | Laufen für Kinder | 0:29:41 |
| 72. | Christoph Grotenrath | 1988 | 48 | m | Männer | 10 | Laufen für Kinder | 0:29:41 |
| 73. | Laurence Visé | 2000 | 25 | w | W9 | 2 | PDS EUPEN | 0:29:43 |
| 74. | Sandra Hammes | 1971 | 26 | w | | 5 | | 0:29:55 |
| 75. | Heidi Hammes | 1968 | 27 | w | W40 | 6 | | 0:29:59 |
| 76. | Elke Steup | 1976 | 28 | w | | 6 | RUNNER SHOP TEAM | 0:30:13 |
| 77. | Lukas Windeln | 2000 | 49 | m | M9 | 2 | Grün-Weiß karken | 0:30:24 |
| 78. | Ute Kutig | 1961 | 29 | w | W45 | 1 | | 0:30:27 |
| 79. | Katharina Breuer | 1997 | 30 | w | W12 | 6 | FC Germania Vossenack | 0:30:31 |
| 80. | Lisa Rangus | 1983 | 31 | w | Frauen | 3 | Laufen für Kinder | 0:31:02 |
| 81. | Sandra Haug Taczyk | 1978 | 32 | w | | 7 | Lauftreff Baesweiler | 0:31:10 |
| 82. | Norbert Hilger | 1959 | 50 | m | M50 | 2 | Lauftreff Baesweiler | 0:31:11 |
| 83. | Biggi Drießen | 1959 | 33 | w | W50 | 1 | Aachener TG | 0:31:20 |
| 84. | Birgit Scholl | 1969 | 34 | w | W40 | 7 | LAC Mausbach | 0:31:24 |
| 85. | Wiebke Sevenich | 1996 | 35 | w | W13 | 4 | | 0:31:43 |
| 86. | Inge Thiele | 1962 | 36 | w | W45 | 2 | | 0:31:44 |
| 87. | Maria Hahn | 1951 | 37 | w | W55 | 1 | RUNNER SHOP TEAM | 0:32:05 |
| 88. | Mia Pals | 1960 | 38 | w | W45 | 3 | STAP Brunssum | 0:32:27 |
| 89. | Uta Gellner | 1977 | 39 | w | | 8 | | 0:32:35 |
| 90. | Nicole Kemmerknecht | 1981 | 40 | w | Frauen | 4 | VFR UNTERBRUCH LG | 0:32:35 |
| 91. | Heidi Nellessen | 1969 | 41 | w | W40 | 8 | LAC Mausbach | 0:32:53 |
| 92. | Michael Kerwer | 1987 | 51 | m | Männer | 11 | Laufen für Kinder | 0:33:06 |
| 93. | Gregor Marx | 1980 | 52 | m | Männer | 12 | Laufen für Kinder | 0:33:06 |
| 94. | Gabriele Kaukas | 1971 | 42 | w | | 9 | Ruthsrunner | 0:33:30 |
| 95. | Jürgen Plum | 1970 | 53 | m | Männer | 13 | Ruthsrunner | 0:33:34 |
| 96. | Sandra Plum | 1973 | 43 | w | | 10 | Ruthsrunner | 0:34:07 |
| 97. | Silke Frohn | 1979 | 44 | w | | 11 | Ruthsrunner | 0:34:13 |
| 98. | Nicole Steiner | 1971 | 45 | w | | 12 | Ruthsrunner | 0:34:42 |
| 99. | Astrid Carduck-Jansen | 1965 | 46 | w | W40 | 9 | Ruthsrunner | 0:34:43 |
| 100. | Bettina Bigge | 1966 | 47 | w | W40 | 10 | Ruthsrunner | 0:34:48 |
| 101. | Sandra Salomon | 1982 | 48 | w | Frauen | 5 | Laufen für Kinder | 0:34:52 |
| 102. | Nina Salamon | 1984 | 49 | w | Frauen | 6 | | 0:35:02 |

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|--------------|--------------------|---------------|--------------|------------|-----------|--------------|---------------------|-------------|
| 103. | Birgit Genoske | 1970 | 50 | w | | 13 | Ruthsrunner | 0:35:06 |
| 104. | Inge Schumacher | 1940 | 51 | w | W65 | 1 | Lebenshilfe Aachen | 0:35:55 |
| 105. | Michael Schombel | 1957 | 54 | m | M50 | 3 | Lebenshilfe Aachen | 0:36:10 |
| 106. | Lena Holzapfel | 1997 | 52 | w | W12 | 7 | | 0:36:36 |
| 107. | Elvira Reith | 1967 | 53 | w | W40 | 11 | Meddy's LWT Koblenz | 0:40:03 |
| 108. | Otti Heiner | 1941 | 54 | w | W65 | 2 | Ruthsrunner | 0:40:05 |
| 109. | Ruth Lehmann | 1947 | 55 | w | W60 | 1 | Ruthsrunner | 0:40:06 |
| 110. | Hartmut Schumacher | 1936 | 55 | m | M70 | 1 | Lebenshilfe Aachen | 0:41:21 |
| 111. | Ulla Bellinghausen | 1962 | 56 | w | W45 | 4 | Lebenshilfe Aachen | 0:41:21 |
| 112. | Paul Bellinghausen | 1958 | 56 | m | M50 | 4 | Lebenshilfe Aachen | 0:41:21 |
| 113. | Dieter Hensel | 1961 | 57 | m | M45 | 6 | Lebenshilfe Aachen | 0:41:54 |
| 114. | Frida Holzapfel | 2001 | 57 | w | W8 | 1 | | 0:42:23 |
| 115. | Willi Kiessner | 1966 | 58 | m | M40 | 8 | | 0:42:24 |

Anzahl Teilnehmer: 115